

Rosen Method International Journal

Volume 12, Issue 1

Editorial & Announcements

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Dear Friend of the *Rosen Method International Journal*,

Announcements

Greetings to you. This message is to let you know that a new issue (Volume, 12, Issue 1, 2019) of the *Rosen Method International Journal* has been posted online. You can find this issue, hosted by the Rosen Institute, at www.roseninstitute.net.

The *Rosen Method International Journal* is intended to be a free online resource for all individuals who have an interest in Rosen Method in particular and in somatic practices in general. Our goal is to continue to offer articles that develop a deeper understanding of the clinical practice and related applied issues, innovative movement approaches and perspectives on collaborating with other professions.

We are grateful that the hosting and production of this journal as an ongoing resource is supported by dues-paying members of the Rosen Institute. Thanks to those who have renewed their memberships.

If you are a Rosen Professional and would like to support the work of the RI and/or the Rosen Journal, you are invited to join at reduced cost as an Associate Member. Just check under the Members link on the RI home page, select Member Registration and then choose Rosen Method Associate as the member type. Your contribution to this work will be greatly appreciated.

News about the Journal: Updates

We are happy to announce that we have added several new and returning Board Members. You can read about them on the RMIJ site under Advisory Board Members.

- Gail Bourque
- Annabelle Apison
- Irma Gallegos
- Sarah Dandridge

We would like to also note our appreciation for the service of 2 Board Members who rotated off in the past year: **Jeanne Williams** and **Susanna Smart**.

- This volume of the RMIJ is a very brief just one article in 2 languages, English and Russian.

Please note a posting of the Dissertation by Practitioner Susanna Smart. It can be found in the Library section.

Seeking Articles & Participation:

We encourage practitioners and teachers to consider developing articles. Please feel free to contact anyone on our board to discuss research project ideas, case studies, and other reflective items. Often it is creative to collaborate with others in designing a project. If you wish to collaborate on articles about Rosen Method practice and teaching, just let us know. Sometimes we can help you identify others who might share your interest and collaborate on a project for an article.

For example, we have been working on a 2-year project investigating the connections between spiritual practices and Rosen Method which I began with a team of four practitioners in the United States, Australia and Ireland and we have added on one more team member so we now work together as a team of 6. The collaboration includes: Jane Pittsinger, Jill Breslau, John Bosman, Catherine Macguinness, and Priscilla Varland who work with me and each other in the interviewing and writing of the article. We used a collaborative - Participatory - Empowerment research approach and have involved Rosen practitioners and teachers who have contributed thoughts and insights in a small focus group and a series of interviews. It has been a fascinating learning experience for all of us. We anticipate completing the analysis by the end of this year. So we are discussing ways to do a follow-up written survey after this one is completed to gather more insight from other Rosen community members. We expect to publish this in the next RMIJ issue. Collaborating has been a highly creative process and deepened connections with others.

We are looking for a small group of participants interested in conducting a similar “collaborative project” on Creative Arts and the Rosen Method to begin in 2020. If you are interested in joining us to collaborate on the design of our survey and conducting interviews, please send me an e-mail, and I will let you know about time commitments.

We are deeply grateful for the insights, participation and support of Rosen Method Practitioners and Teachers around the globe.

Sincerely,

Carol Cober, MS, LPC, LMT
Editor, RMIJ

