

Rosen Method International Journal

Volume 11, Issue 1

Editorial & Announcements

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Dear Friend of the Rosen Method International Journal,

The past year has been very challenging in many places across the globe. Rosen Practitioners and Movement teachers witness how our work has been a profoundly helpful resource to clients and our students and each other as we navigate our way through these challenges. Learning to be fully present with ourselves and with each other is a practice for a lifetime. We hope the articles shared in this Journal will encourage you in your Rosen Method bodywork practice.

This message is to let you know that a new issue (Volume 11, Issue 1, 2018) of the Rosen Method International Journal has been posted online. You can find this issue at our address, hosted by the Rosen Institute, at www.roseninstitute.net.

The Rosen Method International Journal is intended to be a free online resource for all individuals who have an interest in Rosen Method in particular and in somatic practices in general. Our goal is to continue to offer articles that develop a deeper understanding of the clinical practice and related applied issues, innovative movement approaches and perspectives on collaborating with other professions.

We are grateful that the hosting and production of this journal as an ongoing resource is supported by dues-paying members of the Rosen Institute. We thank those who have renewed their memberships.

If you are a not a Rosen Professional and would like to support the work of the Rosen Institute and/or the Rosen Journal, you are invited to join at reduced cost as an Associate Member. Under the Members link on the Rosen Institute home page, select Member Registration and then choose Rosen Method Associate as the member-type. Your contribution to this work will be greatly appreciate

WHAT YOU WILL FIND IN THIS ISSUE:

This volume of the RMIJ presents three new articles.

The Rosen Method Open Center, An article about another United States program written by Anais Salibian and Ivy Green.

Anais works as a Rosen Method Bodywork Practitioner & Senior Bodywork Teacher, Co-Director of Training at RMOc

Ivy works as a Rosen Method Bodywork Practitioner & Senior Bodywork Teacher, Co-Director of Training at RMOc

Creating a Safe Container for Rosen Trainings, An article by Anais Salibian, MA, LMT, Certified Rosen Practitioner and Senior Teacher, Director of Training, The Danish Center for Education in Rosen Method, Co-director of Training, Rosen Method Open Center

“Fixations in Time”: A term from phenomenology as applied to Rosen Method Bodywork, An article by Anette Vinston Ritz, Rosen Method Bodywork Practitioner, of Ferritslev, Denmark.

Please also consider taking the time to visit the Rosen Institute’s library to read interesting articles. For example, you can find a link to the recent dissertation project of our Board Member, Susanna Smart.

We also encourage translations of our existing articles. We are currently working on an article on Reducing Extreme Pain that has been translated into Russian.

News about the Journal: Updates

The RMIJ Board Members look forward to learning about the research interests in our community and hope to meet more of our members next year. Several individuals on our Advisory Board are willing to meet with local Rosen communities and exchange ideas about future research interests. There are many topics of interest among our readers. We encourage practitioners and teachers to consider developing articles so please feel free to contact any one on our board to discuss research project ideas.

I am delighted to continue working with the RMIJ Advisory Board and our global Rosen Community. I have been a member of the Editorial Board since the inception of the journal and continue to benefit greatly from the insightful ongoing coaching provided by Alan Fogel. This summer I was fortunate to spend some time with members of our Rosen community in California. We met to discuss an upcoming research project on the Rosen Method Bodywork practice and spirituality issues. It was wonderful to be with members of our community and listen together with each other.

Several potential special topics that have been discussed for our 2019 issues include articles on:

- The teaching of Rosen Method Bodywork
- Spirituality and the practice of Rosen Method
- Rosen Method and Creativity
- Working with other professionals
- Case studies and book reviews

We are eager to solicit articles on these topics and to identify practitioners who wish to collaborate on articles on these and other subjects. Please contact me or one of our Board Members if you have an article idea for 2019.

We are deeply grateful for the insights, participation and support of Rosen Method Practitioners and Teachers around the globe. The commitment to learning, the curiosity and the questions about this practice guide us. The amount of sharing, volunteering and of passion for Rosen Method Bodywork and Movement continues to inspire me. We look forward with hope that we may all find more compassion and healing and deep connections in 2019.

Sincerely,

Carol Cober, Editor, *RMIJ*

