

# 8<sup>th</sup> ANNUAL ROSEN METHOD PEER GATHERING!

Friday, May 26 (7 pm Opening Circle) to Monday, May 29 (Noon Closing Circle)

**REGISTRATION FORM ATTACHED**

\*5 CEUs offered from the Rosen Institute for full weekend attendance



## Food:

Please contact Sally Wiley for special diet concerns at [sally.wiley@gmail.com](mailto:sally.wiley@gmail.com)

Saturday & Sunday: Breakfast, Lunch & Dinner: \$40 each day

(Breakfast and lunch \$12 each; dinner: \$16)

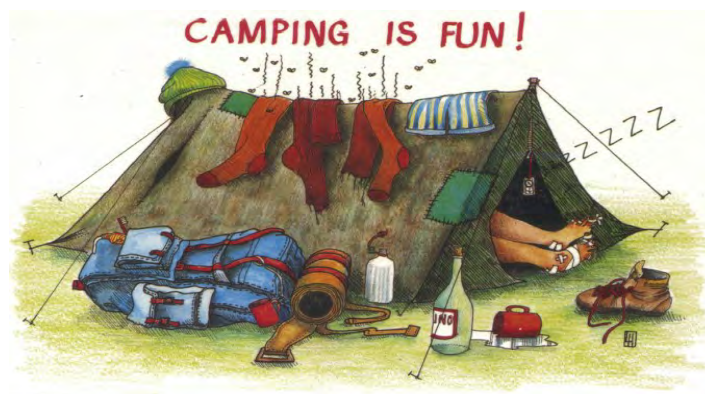
Monday: Breakfast, Lunch to go \$20

## Lodging:

Please contact Lucia Knight for special requests on rooms at [luciaknight@hotmail.com](mailto:luciaknight@hotmail.com).

Beds are offered at \$25/night. Space is limited and is on a first come-first served basis.

**CAMPING IS FREE!**



**Please mail completed registration form (attached) & check (made payable to Luke Frey) to:**

**Jetta Van Hemert**

**PO Box 370606**

**Montara, CA 94037**

**Email Jetta at [jettapt@gmail.com](mailto:jettapt@gmail.com)**

*All Rosen Method movement & bodywork students, interns, practitioners, teachers & school owners are invited, as well as spouses, partners and the kids too!*

This is a time to come together and experience our work in a truly unique way. If you yearn to experience community and camaraderie in an outdoor class taught in a redwood grove, swim in a pond, commune with acres of pristine vineyards and nature, splash in waterfalls and streams, prepare yourself for a slice of heaven at Luke and Emily Frey's lovely home and farm on the Frey Vineyards, Redwood Valley, near Ukiah. This event has proven to be a very special community retreat filled with fun and learning and, there will also be Rosen Method bodywork trades and movement!

**AUCTION:** Our main entertainment will be the Live Auction on Saturday evening — prepare to be dazzled. Please bring items to donate to the auction, as the funds received will help finance next year's keynote speaker. Bring your musical instruments, singing voices; stand up comedy routines and/or other talents to share with the community for a spontaneous variety show!

**OUR FEATURED SPEAKER** is long-time Rosen practitioner Gail Barry Bourque, PhD, who will share her knowledge of Attachment Theory and how it might apply to our Rosen work. According to *Wikipedia*, "attachment theory is a psychological model that attempts to describe the dynamics of long-term and short-term interpersonal relationships between humans." It was developed in the 50's by British psychiatrist, John Bowlby (a Freudian analyst by training), who found that the bond between the mother/caregiver and infant is a far more significant issue in the development of the child and adult than previously believed. His colleague, Mary Ainsworth, a child psychologist, developed "The Strange Situation" and the categories of Secure (toward), Anxious-Avoidant Insecure (withdraw), Anxious-Resistant Insecure (against) and later, with Mary Main, the Disorganized/ Disoriented (traumatized) attachment styles.

Our clients come to us with aspects of these styles that are evident in their interactions with us and in the phenomena of their bodies. In this workshop, Gail will discuss attachment theory and we will experientially explore the different attachment styles.

*Gail Barry Bourque PhD has been a Rosen bodywork practitioner for over 30 years. Prior to that, she was a physical therapist and later studied Somatic Psychology at CIIS. She eventually obtained a doctorate in psychology from the California School of Professional Psychology and has maintained a private practice in various combinations of physical therapy, Rosen Method and somatic psychotherapy for 30+ years. More recently she has led Caregiver Support Groups and a meditation group. Gail has taught Emotional Anatomy locally and internationally to Rosen practitioners and has presented on many topics relevant to Rosen work.*

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## Registration for 2017 May Rosen Peer Gathering

Name: \_\_\_\_\_ email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Home phone: \_\_\_\_\_ work: \_\_\_\_\_ cell: \_\_\_\_\_

The Gathering begins with an opening circle at 7:00 pm on **Friday, May 26th** and ends with lunch on **Monday, May 29th**.

We would love to have you attend the whole weekend, but you are also welcome to join us for a shorter portion. Please note below your attendance plans:

I will arrive on \_\_\_\_\_ at \_\_\_\_\_, and plan on departing on \_\_\_\_\_ at \_\_\_\_\_

There are a limited number of (shared) rooms available indoors for a cost of \$25 per night.

I need a room: Yes \_\_\_\_\_ No \_\_\_\_\_ or **(I plan to camp for free!)** \_\_\_\_\_

I will be participating in the following meals:

Saturday: Breakfast \_\_\_\_\_ Lunch \_\_\_\_\_ Dinner \_\_\_\_\_ Breakfast \$12.00

Sunday: Breakfast \_\_\_\_\_ Lunch \_\_\_\_\_ Dinner \_\_\_\_\_ Lunch \$12.00

Monday: Breakfast \_\_\_\_\_ Lunch \_\_\_\_\_ Dinner \$16.00

Meals will be healthy organic food, much of which is harvested from the farm. **If you have any dietary constraints, contact Sally Wiley: [sally.wiley@gmail.com](mailto:sally.wiley@gmail.com) by May 15.** We will do our best to accommodate vegetarian, gluten-free, dairy-free etc. upon request. If you have other special food needs, please bring food that supports you!

Enclosed is my check **made payable to Luke Frey**: # \_\_\_\_\_ for the amount of \$ \_\_\_\_\_.

This is to cover: meals \$ \_\_\_\_\_ room \$25 x \_\_\_\_\_ nights = \$ \_\_\_\_\_

Send completed form and payment to:

**Jetta VanHemert**  
**P.O. Box 370606**  
**Montara, CA 94037**

Questions? Call Jetta at: 650-863-2451

**We look forward to sharing a wonderful weekend with you! Directions and a list of items to bring, including auction items, will be sent to you before the weekend.**